

Knaben D (06/07)

Gr. 1	Gr. 2	Gr. 3	Gr. 4
1 Malte Schäl	David Bergforth	Niklas Poppe	Gero Matuszcak
2 Jarne Dalbram	Vinzent Hiltenkamp	Maximilan Lynker	Tim Eickers
3 Arne Kill	Philipp Neuhaus	Clemens Schmucker	Louis Sörgel
4 Karl Paaßen	Philipp Kleinrensing	Leonard Scheeren	Giovanni Lupion
5 Niklas Roesler	Oskar Mook	Matheo Weiß	Julian Harms
6 Tom Gruner	Luca Cicu->	Justus Hammes	Luis Heise
7 Philip Jacobsen	Leeroy Seelisch	Fritz Bühler	Fabian Lunge
8		Elias Köllner	
9			
TW Kian Graf	Konstantin Kühn		



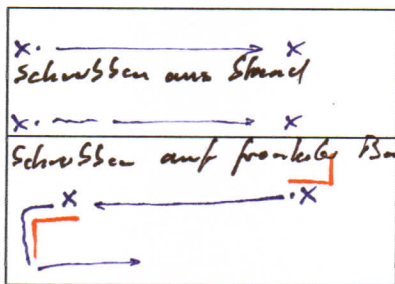
JANUAR:
Athletik 15⁴⁵ - 16³⁰!
FCuh 16³⁰ - 17⁴⁵

MO 15.45-17.45

16.03. Platz 15.45-17.00
 Athl. 17.00-17.45
 RK - AK - TK - JK

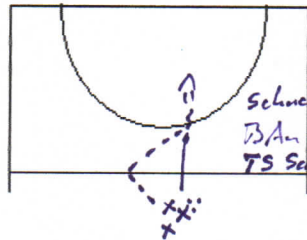
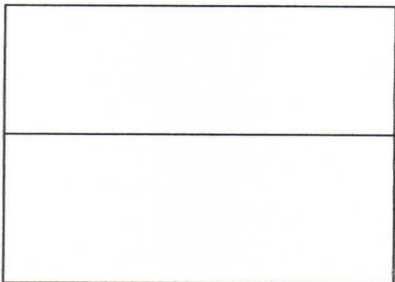
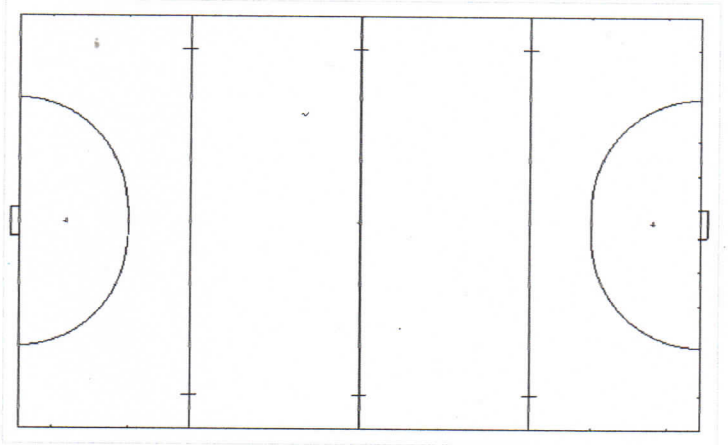
FR

15.00-17.15 mit Md D
 Platz 15.00-16.30
 Athl. 16.30-17.15
 RK - AK - TK - LB - JK

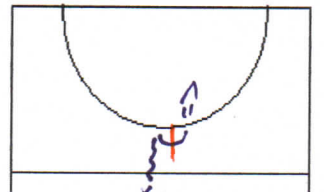


starke / frontale
 BAu

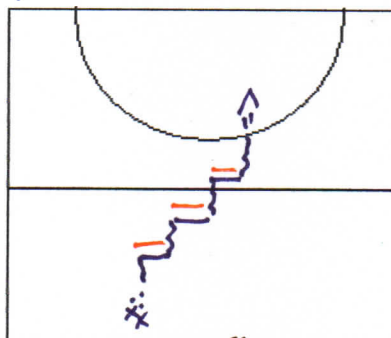
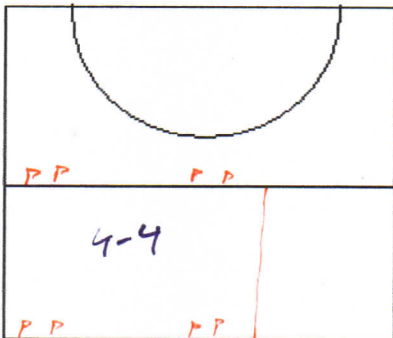
weiche BAu und VHT ausweichen



Schnelle Bewegung
 BAu LPH
 TS Schüsse



RM - Heppu



RM - Erster im Show
 TS - Schüsse (Körperdrehung)
 (Hände)

