

Mädchen / Knaben C 1 (04/05)

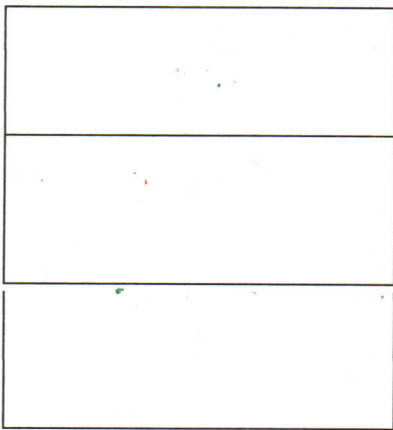
Kn

Md

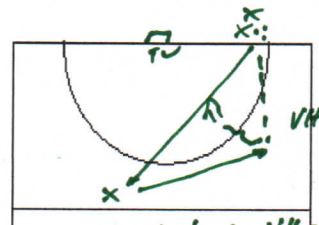
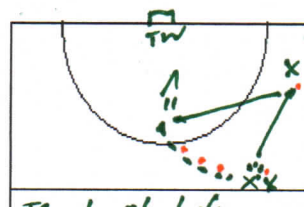
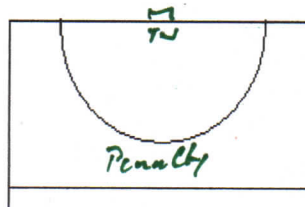
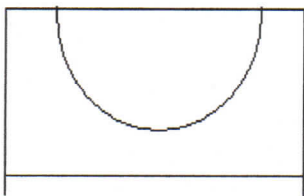
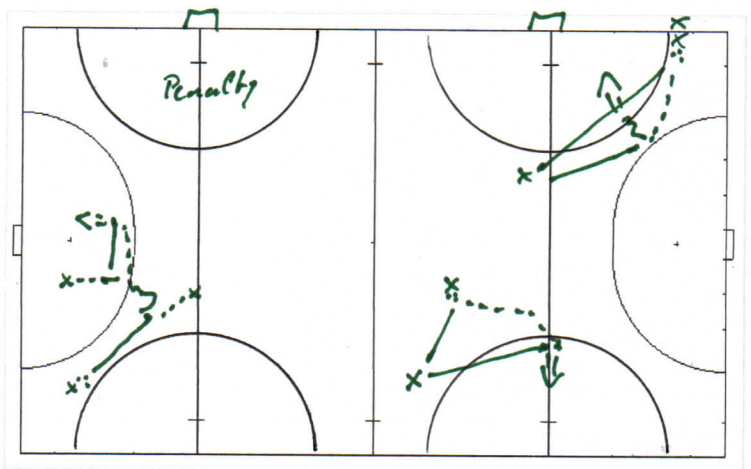


Gruppe 1		Gruppe 2		Gruppe 1		Gruppe 2	
1	Tom Bordin	1	Finn Amerkamp	1	Lucy Kibben	1	Sophia Krisch
2	Can-Luca Colnar	2	Noah Bergforth	2	Paula Schweisthal	2	Finja Roll
3	Tim Gärtner	3	Jannes Rink	3	Sophia Pederiva	3	Mariella Bisceglia
4	Henry König	4		4	Melissa Kempmann	4	Lea Hellmann
5	Moritz Osthoff	5		5	Jule Weber	5	Nia Hellmann
6		6		6	Julie Gruner	6	Finja Zurawski
7		7		7	Antonia Mook	7	Hanna Blum
8		8		8	Marie März	8	Amelie Reimann
TW Tobi Poppe Gero Pohl				Sofie Boegner Carla Wagener			

Mo	16.00-18.00-Md	Di	16.30-18.30 - Kn	Fr	12.09. 16.15-18.30 - C1	Sa	10.30-12.00 - C2
	Platz 16.00-17.30 Athl. 17.30-18.00 RK - KH - MS - LD		Platz 16.45-18.00 Athl. 18.00-18.30 RK - PP - LB		Athl 16.15-17.00 Platz 17.00-18.30 (TW-Training) RK - MS - MM - JJ - NG		Athl. 10.30-11.00 Platz 11.00-12.00 SH - KH - AS - MaS - TD

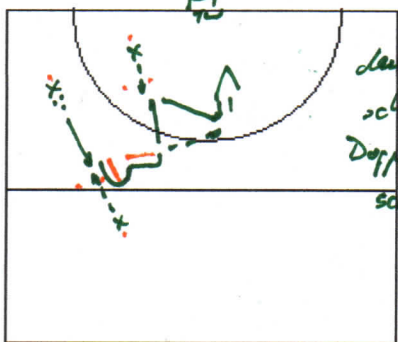


KEIN
TW-Training



Flanke überholen
nach Möglichkeit direkt TS

VH-BAn
- Nach der VH-BAn
beschleunigen
- schneller TS



deutlich vor das Tor stehen
schnell, flüssige Zirkel
Doppelpaß mit max 2 Kontakten
schneller TS (1 Kontakt)

